

Enloe High School PTSA Meeting
February 10, 2009

Attendance: see last page of minutes

Location: Media Center

Special Program: Financial Aid. Sarita Broadway. Discussed the CFNC.org. Financial aid supplements a family's ability to meet educational expenses. The difference between types of aid; gift aid, self help (loans employment), merit based, need based, federal or state government, educational institution and other agencies. Discussed the FASFA form. Saturday February 21, 9-12 am at Meredith and Wake Tech is FASFA Day to help you fill out the forms. You must complete your income taxes in order to fill out these forms.

Call to Order: The meeting was called to order at 7:04 by our President Adrienne Lumpkin

I President's Report: Adrienne Lumpkin: Reminder to describe to e-news enloeparents-subscribe@yahoo.com. Discussed nominating process and committee (LaVerne Weldon, Renee McCoy and Peggy Abrams) will present the slate of nominees to vote on in May.

II Principal's Report: Dr. Beth Cochran

Reminders: Enloe received Magnet School of Excellence. Only nine high schools in the country have received this recognition. Starting to meet with counselors to discuss pathways and getting ready for registration for next year's classes. A parent meeting will be held at the end of February (look on the calendar). Dr. Cochran would love to have 2,800 parents subscribed to e-news to easily and quickly distribute news. Share school safety information. Fencing will be added to help guide traffic in and out of campus. Lighting in progress. Electronics are not to visible during the school day. Student council this past week helped draft the letter regarding electronics; help getting the information out on a student level. Met since the last meeting with Raleigh police department to discuss ways to support each other. Continued discussions with faculty and ways to help keep students safe. Continue to update the direction of camera views. PTSA Safety Committee on Monday February 16th at 6 pm. Patrols by Raleigh police department and increased security hours. Landscape changes.

III Action Items

Minutes from January 13: Whitney McMahan

The minutes were distributed and approved as written

Treasurer's Report: Cathy Couch: report distributed.

Committee Reports:

Membership: Adrienne Lumpkin: Twenty-one new members since last meeting approximately \$21,000 in revenue.

Newsletter: Lorraine Johnson; PTSA out to print will be mailed on the 23rd of February. Green "soft copy" should be out to those who signed up by the end of next week.

Safety: Lorraine Johnson: The Safety Committee was formed following the panel discussion at our January PTSA meeting. Our first meeting was held on Tuesday January 27th. The original committee members included parents, a staff member and an Enloe student. Important issues or concerns were shared during the meeting. The Safety Committee is in the process of forming

subcommittees from the key action items that were discussed. The subcommittees will allow for additional parents, staff and students to participate. The subcommittees will be: **Legislative, Communications, Education, Community Connection, Prevention/Intervention**

If anyone is interested in getting involved, please see Lorraine Johnson after the meeting to sign up for a subcommittee. Our next meeting will be at Enloe on Monday February 16th at 6PM. The subcommittees will meet concurrently during the meeting time.

Grounds: Guy Meilleur: Guy was not in attendance. He has been working closely with the school to change and adjust the landscape to make campus safer for students.

School Improvement: Mary Hamrick: Low performance and absence is connected to student dropout rate. Eagle Buddies pairs a faculty member with an at risk student.

IV New Business:

The East CAC which includes Enloe High School. One of the primary goals of the CAC is to keep neighbors in East Raleigh aware of issues affecting them, including criminal activity. The third Monday at Lions Park at 7 pm.

Announcements:

Newsletter Future Dates:

Deadline	Publication
April 10	May 18

Next PTSA Meeting: Tuesday, March 10, 2009 at 7 PM.

Adjournment: 7:27 PM

Respectfully submitted,

Whitney B. McMahan
Recording Secretary

Attendees for Enloe PTSA Meeting – February 10, 2009:

Board Members & Student Reps: Adrienne Lumpkin, Lorraine Johnson, Renee McCoy-Caldwell, Mary Ellen Surra, Whitney McMahan, Cathy Couch, Amelia Lumpkin, LaVerne Weldon, Dr. Beth Cochran

General Membership: Yvonne Addison, Lee Ellen Coffey, Kathy Forrest, Anabella George, Mary Hamrick, Eddie Holden, Jackie Hughes-Oliver, Cynthia Jordan, Deborah Keefe, James Lyttle, Barbara Marley, Wanda McCargo, Corny Motsinger, Loree Idol, Deb Schaeffer, Martin Stankus, Barbara Styers, Sheilah Sutton, Elizabeth Ved, Allison, Willis, Avery Young, Brandon Young, Pam Young, Reuben Young, Diana Allen, Kirti Patel, Maggy Krake, Cristian Media, Sylvia Cromartie, Lakeasha Cuttino, Tasha Williams, Ian Surra

PROGRAM: Risky Behaviors Know the Warning Signs. Alex Sgambati spoke about Kris Marceno and the loss of his friendship. Games Adolescents Shouldn't Play "GASP" member Dale Halloway who also lost his child to the choking game. Dare Officer Johnny Hollifield presented information on several risky behaviors that teens engage.

Emo=emotional; kids who self cut and dress in a certain way. People who express their pain through actions: cutting, writing, music. Not gothic; close no chains no boots, dark hair covering half of their face because they only see the world in half view. Earning points for certain behaviors. The fashion itself is not a problem; it is the self-cutting behavior that is risky. Just dressing Emo is not a risky behavior.

Prescription medication abuse; cough medicines and prescription pain relievers. More children abuse prescription drugs than cocaine, heroin and meth. DXM is an ingredient in cough/cold medicines. Do not stockpile these at home. Throw them away when you are done with them. Buy more only when you need them. Pharm Parties: involve a deadly mix of prescription drugs, OTC drugs and alcohol. Nicknamed "trial mix" or skittles. What can parents do? Safeguard all drugs at home. Monitor quantities and control access. Set clear rules. Set a good example. Throw away old medicines

Inhalants are making a comeback. Computer cleaner, markers, nitrous oxide, butane, glue and gas. Inhalants are common household items that are inhaled to get high. Talk to your children about the dangers. They may fall to peer pressure, but their first time can be their last. Chronic inhalation can cause blindness, hearing loss and other long term effects.

Choking Game. Parents need to be the first to tell their children about this game. Children hear about this from peers and think it sounds fun and cool. If their parents have talked to them about it, they will at least have a first line of information against the peer pressure. It is NOT a game. Essentially the child cuts off the blood flow to the brain, by choking, hyperventilating or compressing the chest/neck and then passing out. Children know about the game but don't know the dangers. In 2006, only 25% of parents know anything about this game. Unlike other risk taking behavior self-choking often occurs among well adjusted high achieving students. They don't want to do "bad" things like drugs or alcohol so they think it is ok. The euphoric feeling that children receive is actually brain cells dying. It is just as addictive and dangerous as drug use and it can kill you. The rush of blood back into the brain can cause a stroke. Some students twitch as they come to; this is the brain having a seizure; brain damage is taking place that cannot be reversed. So many children are dying because they are essentially hanging themselves while alone trying to get high. It is not safe to do with a friend either. Pushing on the nerves in the neck can cause an immediate heart attack.

The number one reason children do not participate in risky behavior is that children do not want to disappoint their parents. So do know that you, as a parent, do have an effect on your child's behavior. Talk to them about these issues. Mr. Halloway believes we all have an obligation to spread information regarding risky behavior and the Choking Game. He believes that this vital information and education should begin at home even with very small children by telling them to never ever put anything around their neck. School health education should also include many of these lesser known and possibly thought of as not dangerous behaviors in the curriculum. "Tag you're it" is his motto. Pass it on.